

TLC December 2010 & January 2011 at HAPO Tabora, Tanzania. <http://www.hapotabora.net>

The Meals Programme now called TLC – Tabora League for Children - feeds a group of vulnerable and orphaned children in Tabora, Tanzania who attend a day centre called HAPO. Each day the children are provided with a hot meal, health care, school necessities, tuition or sports & TLC! The programme is reliant on kind donations. Therefore, if you would like to help please make a donation to "Tabora Meals for Children Trust" Barclays Bank, UK, Sort code: 209748 A/C No. 03224031 and contact Margaret



CHRISTMAS JOYS 2010



Neighbours were drafted in (during a power cut) to help prepare the presents donated for our



60 kids. Sinead, a volunteer from Ireland, and all the staff entered into the festive spirit to ensure that a great time was had by all. Chip omelette is now a HAPO Christmas Tradition and the children helped prepare the feast. There was face painting, games and enough balloons for all. The families had large food parcels and a live chicken each. **Thank you for the Christmas donations**



It's Raining. The rain was a cause for celebration too in dry dusty Tabora and the girls enjoyed paddling. Even cattle were inclined to join in.

The rains brought out the grasshoppers and a bumper harvest was caught, cooked and devoured. Delicious!



Projects

← World Aids Day saw our Programme Manager, Dr Kauzeni informing people of the new project to **Reduce AIDs** and exhibiting some of the sweaters produced at HAPO by the **TWIGA** project.



→ Magdelana, cycling to do home visits. After a distribution of **Anti-Malaria Nets** in November, Magdelana followed up with home visits to ensure that each family had sufficient nets and that their nets were washed in insecticide and any holes repaired. Here one of the children has hitched a ride!





← It must be Tuesday, its a mixture of corn and peanuts topped with spinach, everyone's favourite lunch. Using open fires Adela cooks delicious lunches 6 days a week for up to 60 kids.

A big **thank you** for your donations.



↑ On loan from the British NHS to Tabora, Public Health Specialist Andrew helped the children to understand about sexual relationships.

← To improve appearance and make their clothes last longer the children enjoyed learning how to mend and to sew on buttons. They already wash their clothes (and themselves) at HAPO



The Water and Sanitation Project has almost completed the building of a rain water catchments tank for one of the families. The tank is 3 meters in diameter and will hold 10,000 litres of water. Currently the family rely on a communal tap shared with over 100 other families which flows, at best, for 3 hours out of every 48 hours.

This is a message from the father of the family: *'our house will be located by "big tank" not by our name, because it is the only one in this area. **Thanks to you and may God bless you.** We will have enough water for ourselves and also to sell some to our neighbours'*.

The progress with the tank has been slow as both the project leader and the builder have been sick with malaria and typhoid. They are both well now and expect to finish this week.



BACK TO SCHOOL

Everyone has to submit to the ministrations of the older children acting as barbers. Very short hair is required at school. Some of our children are sponsored to attend private schools, 20 of them as borders. Getting 60 children ready to return to school each January is an enormous task, masterminded by Mama Haule, seen right, directing preparations for the 7 children starting High School in early January.

